

## DIABETES QUESTIONNAIRE

(To be completed by the applicant)

Name, First name: \_\_\_\_\_

Date (day/month/year): \_\_\_\_\_

This questionnaire will form part of the application.

If any questions below are answered "Yes", please supply full details below including dates and names of doctors and institutions where applicable.

1. Please state when diabetes was first diagnosed: \_\_\_\_\_

Type of diabetes?  Type 1  Type 2  Unsure

(a) Are you under regular medical supervision for diabetes?

No  Yes – please state name and address of doctor \_\_\_\_\_

(b) How often do you consult your doctor? \_\_\_\_\_

Date of last visit? \_\_\_\_\_

2. Treatment:

a) Are you following an appropriate diet?

No  Yes – please provide details \_\_\_\_\_

b) Do you take regular exercise?

No  Yes – how frequent? \_\_\_\_\_

c) Are you on tablets?

No  Yes – please provide details \_\_\_\_\_

d) Are you on insulin?

No  Yes – please provide details \_\_\_\_\_

3. Has your treatment changed during the last 5 years?

No  Yes – please provide supply reasons and details \_\_\_\_\_

4. Do you perform home blood sugar testing?

No

Yes – please state dates and results of the last three blood sugar readings \_\_\_\_\_

5. Have you ever had any of the following?

Diabetic coma  No  Yes Eye trouble  No  Yes

Insulin shock  No  Yes High blood pressure  No  Yes

Heart disease  No  Yes Pain or burning of legs and feet  No  Yes

Kidney disease  No  Yes Restricted circulation in lower limbs  No  Yes

Infections, e.g. boils  No  Yes Amputations  No  Yes

and abscesses  No  Yes Any other complications  No  Yes

Protein in urine  No  Yes

If yes, please provide dates, names and addresses of doctors consulted \_\_\_\_\_

6. Have you ever been hospitalised?

No  Yes – please provide details \_\_\_\_\_

7. Have you ever undergone any of the following? Electrocardiogram; chest X-ray; lipid profile; glycosylated haemoglobin(HbA1c)

No  Yes – state date and result of test if know \_\_\_\_\_

**I declare that the answers I have given are, to the best of my knowledge, true and I have not withheld any material information that may influence the assessment of acceptance of this proposal. I agree that this form will constitute part of my proposal for health insurance and that failure to disclose any material fact known to me may invalidate the contract.**

Signed: \_\_\_\_\_ Date (day/month/year): \_\_\_\_\_